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# **Remembering Another Time, Same Place - POLIO EPIDEMIC**

In this time of Covid-19 with its angsts, rules, fears and isolation, it is perhaps the moment to look back to memories of classmates who remember another time of stress, another endemic. The polio epidemic also brought fear, death, and savaged the lives of many.

Poliomyelitis ("Infantile paralysis") was first seen in 1910 in Canada. It was thought to only infect children under five. The cause was unknown. Every summer and fall waves of new cases appeared. It was later described as "coming from a gastrointestinal virus, transferred through the ingestion of faecal matter, which in most cases caused a mild upset stomach".

However when the virus got into the nervous system, it became dangerous, damaging the nerve cells controlling muscles and in some cases causing permanent weakness and paralysis in legs, arms, bladder and anus etc. The most severe form (bulbar polio) attacks the central nervous system and destroys the nerve cells controlling the muscles around the lungs. It can kill within hours of infection. Over 90% of those infected have either no symptoms or only a temporary fever. After the initial infection, the virus is shed in faeces for several weeks, but most people do not know they are infected.

In earlier years, immunity to the virus was built up due to exposure of unsanitary conditions. The immunity was passed on from mother to child . As sanitary conditions improved, mothers did not get exposed to the virus, so immunity to the virus was not passed on. By the 1930's natural immunity to the virus was negligible and the disease started to flourish, causing older children and adults to become susceptible. Because of this relationship polio was seen to affect predominantly middle class children (where sanitary conditions were better).



Treatments and attempts to manage the disease were tried including, "convalescent serum" made from blood of polio survivors, a nasal spray designed to block the polio virus (which caused a number of children to lose their sense of smell), closing schools and theatres, but to no avail.

Iron lungs, which first arrived from Boston in 1930, were used to nurse treat bulbar patients. The iron lung used high and low pressure vacuum within the chamber. These changes in pressure compressed the patient's diaphragm, then allowed it to expand, mimicking the normal operation of the lungs. (As the need for iron lungs increased they were flown across the country by the RCAF).

The biggest epidemic in Canada and the world was in the late '40's and early '50's. Polio was feared. Everyone seemed to know someone who had polio.

"My mother's friend, Mrs. Warren was Assistant Head Nurse B3 VGH. She became ill and the Exclusive Ambulance brought her to VGH. The ambulance was painted all grey - to lower the concern and fear of communicable diseases. Mrs. Warren was placed in an iron lung. Her only outing, apart from the use of a rocking bed during the day, was twenty years later when she attended her daughter's wedding. She wore a chest respirator for the occasion." *Laddie (Maclean)Hutchins Feb'53.* 

Continued on page 12

The Luncheon will return! May 1, 2022

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# Luncheon Report 2020



Suzanne Stothers

Myrna Braun

A s we are all aware, the Annual Alumnae Luncheon was cancelled last year due to Covid 19. This was disappointing to many of us including my class, September 1970, as well as February 1970. We were anticipating a wonderful celebration of 50 years since graduation. There were also 60 and 70 year grads that would have been honoured.

March 2020 arrived with a" thud" and those involved with the luncheon realized quickly that the May 3 luncheon was not to be, as was the May 2<sup>nd</sup> one planned for this 2021. The Alumnae appreciates how much the luncheon means to us as it's a time to reconnect with classmates, some of whom have travelled great distances to relive this wonderful bond from our training days. Past venues were filled with laughter and sometimes song as we sat at our assigned tables, enjoyed lunch, discussed past reunions and made plans for future reunions.

In 2009, Dr. E Bryce gave an overview of the H1N1 pandemic and Maureen Shaw in 2011 spoke of Care for the Elderly in the new ACE unit. In 2013 Nancy (Bolton) Leatherdale (Jan.1938) spoke of

her experiences in isolation while in training ...due to scarlet fever. All these subjects were interesting at the time and still relevant. We also enjoyed Kathy Murphy's updates about nursing history as well as current information about VGH's physical changes and events.

The Luncheon Committee will be planning for May 1, 2022 which seems so far away at this time. **Myrna Braun**, Co Chair for the Luncheon Committee will be celebrating her 60<sup>th</sup> year since graduation and will be exempt from her planning role. **Pat Sexsmith**, who has helped out before, will also be celebrating her 60 years. We have been fortunate to have **Diane Parker** and **Lorna Hoare** as steadfast supporters, and hopefully there will be more volunteers eager to join the Luncheon Committee as it requires a lot of effort and the Committee members are not "getting any younger". Respectfully Submitted,

Suzanne Stothers

# Membership Report 2020

The annual paid membership for 2020 totals **715** plus the non-paying Life Members, Honourary Members and Special Alumnae – 69 in all for a grand total of **784** active members. Each member receives the newsletter via Canada Post or email according to personal preference. Again these numbers are down from 2019 when the total was 792.

When the bulletin and membership forms were mailed in 2020 the cancellation of the Luncheon due to Covid 19 had not yet occurred. Letters inviting the class of 1970 to register for the luncheon were included. Also, anyone who was not already a member was encouraged to join and we did receive 6 new members from 1970.

The main source of funding for the Alumnae comes from the membership fees. The Annual Newsletter is distributed so graduates can stay informed about class reunions, personal achievements, historical events or changes occurring at VGH. All obituaries from the current year are listed. The Archives Committee receives, sorts and maintains historical items that are donated. The Friendship committee delivers flowers annually to Alums who are



currently restricted in their ability to be out and about. Sympathy cards are sent to families of deceased graduates. Reimbursement bursaries of up to \$1,000 per year are available to members, their children or grandchildren who are pursuing education in the field of nursing.

We hope to encourage current members to renew and new members to join our Alumnae. We have a shared history with this institution that has played a big part in influencing who we are today.

Respectfully submitted, Sue (Cathcart) Kerr Feb. '69, Membership Director

# President Annual Report 2020

The year 2020 was unique in many ways as we commenced 112 years of continuous operation of the VGH School of Nursing Alumnae Association. The World Health Organization declared the year 2020 The Year of the Nurse and Midwife. Celebrations were planned by many organizations, but all came to an immediate halt when the COVID Pandemic was declared in mid-March.

The Annual General Meeting was held in person on March 3, 2020 and following that the Association has been operating by carrying on functions under the restrictions imposed, by holding Board meetings via Zoom, and using email messaging for some decision making.

Unfortunately, the Annual Luncheons for 2020 and 2021 had to be cancelled. This is very disappointing, but safety could not be guaranteed within the restrictions imposed.

The Financial Operation was reorganized as Sue Goguen, our Executive Secretary/ Treasurer took on her expanded role. This included additional hours and payment. In addition, the Canada Revenue Agency expanded our ability to issue charitable tax receipts for all monies donated to the Association. This has meant the tax receipts and eventually the Membership forms required major revisions.

One function that was not affected by the health crisis was the ability for the Association to provide Educational Bursaries to graduates of the school and now their children and grandchildren who apply for the Alumnae Association Bursaries and the Bursaries available through the Registered Nurses Foundation of BC. In 2020, 17 bursaries were awarded from the VGH School of Nursing Alumnae Association Fund with 5 going to Registered nurses and 12 to student nurses. Many letters of appreciation have been received from the winners.

In addition, considerable funding is awarded annually to nurses employed in Vancouver Coastal Health facilities for individual bursaries, In-House education programs or research projects from the VGH School of Nursing Alumnae Building Society/Association Trust Fund. This fund is managed by the VGH/UBC Hospital Foundation. Unfortunately, the Awards Ceremony had to be cancelled, but we are proud that 25 bursaries were awarded to individuals and \$8,8830 was distributed for In-House education programs.

We were so saddened by the passing of Anne Williams who was the Membership Chair and then in charge of the Pin Bank for more than 20 years. Her many hours of service to the Association were greatly appreciated.

It is a pleasure to work with our Board of Directors and I extend sincere appreciation to them for all that they do to maintain the Alumnae Association.

Kathy (McCutcheon) Murphy. Sept. '65

# Vice President Annual Report 2020



Chaired the Nominations committee and reported at the Annual General Meeting.
Continued as a Signing Officer of the Archival Development Fund.

And then I stayed home!! All the best. Stay safe.

Mary Raikes-Tindle, Sept. '65



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# **Education Committee Report 2020**

The committee is very pleased with the continued interest in our bursary program. The children and grandchildren have stated how proud they are to be following in their parents' and/or grandparents' footsteps and to be involved in the nursing profession.

In 2020 we had fifteen applications for bursary awards. There was one UBC/VGH Collaborative Program grad and thirteen children and/or grandchildren of VGH grads. This year we were pleased to award a total of \$14,000.00 to the bursary applicants.

Harvey/Cain Endowment Fund. (Margaret [Dorset, 1929] Harvey and Dorothy Cain, sister)

The following children and/or grandchildren of VGH grads received a bursary award:

Child		VGH Grad	
Amy Angelucci	(grandmother)	Lorraine Clayton	Feb.'53
Elise Burrage		Christine M <sup>c</sup> Askill	Sept.'56
Abbey Ferreira		Heather Abbey	Feb.'90
Karen Ford		Carol Paterson	Feb.'62
Carolin Hicks		Roberta Iallonardo	Sept.'79
Gabrielle Kriegel		Joanne Dent	Feb.'90
Christine MacKenzie		Robin Gray	Feb.'82
Victoria Nylander	(grandmother)	Anna Montgomery	Sept.'56

#### The Eileen(Lewis) Johnston Memorial Fund

Child	VGH Grad
Hannah Wijaya	Jill Armstrong Feb.'90

#### VGH/SON Alumnae Association Education Funds

The following VGH/UBC grad and children and/or grandchildren of VGH grads received a bursary award:

VGH Grad Sonia Bonato -- UBC/VGH 1993 Child/Grandchild VGH Grad Alexa Huebner Feb.'91 Linda Toews Ann England Sept.'76 Larissa Shumuk Julianna Vanderhoven Arlene Schindel Feb.'89 Katya Viskari Allison Kelley Feb.'83

#### The Edith Mary (McCallan) Cork (VGH'36) Memorial Bursary.

Jessica Porth	(grandmother)	Mary Raikes	Sept.'65	
The Education Committee would l	ike to thank the many i	ndividuals who m	ade generous donations to the B	ursa

Education Committee would like to thank the many individuals who made generous donations to the Bursary Program in 2020. This support adds immensely to facilitate presenting bursary awards to all eligible applicants. Donations were received from cancelled luncheon tickets, from classmates requesting a

deceased classmate's name be entered into the Memorial Book, from families donating in memory of a loved one, and general donations from people interested in assisting students in their nursing education.

#### For the 2021 bursary year, the committee will welcome applications from:

- 1. Graduates from the VGH/SON diploma program
- 2. Graduates from the UBC/VGH Collaborative Nursing Program
- 3. Children or grandchildren of parents/grandparents from the above programs

Please be sure to check out the information on the website (<u>www.vghnursingschoolalumnae.com</u>) and link to "**Bursaries**" OR inquiries and request for application forms can be made by phoning the Alumnae Office at 604-875-4111 – local 62049 (please leave a message).Deadline for applications is September 30 of the current vear.



# Friendship Committee Report 2020

D ue to COVID restrictions we had to cancel the floral deliveries and visits for 2020. At the present time it doesn't look hopeful to be able to proceed with 2021 deliveries. Safety for everyone is a priority in our decision. If it becomes possible, we can perhaps look at a later date.

We would like to thank our volunteers, and hopefully we will be able to have their help when we are able to resume.

We have lost 51 Alums this past year, that we were aware of. Sympathy cards were sent to families, also to those who had lost a spouse. Please let the Alumnae office know if you have lost a classmate, and also if able, to please send a current address for family. Also sent were Get Well cards and simply a "hi". Roberta sent out 32 Christmas cards to senior alums.

A special birthday card was sent by Roberta to Nancy Leatherdale (Boulton '38) who celebrated her 105th!

Hopefully this year finds everyone safe and well, with hopes of new beginnings and a new normal.

#### Respectfully submitted, Diane Parker / Lorna Hoare, Co-chairs Friendship Committee. Roberta Tottle, Committee Member

# Archive Committee Report 2020



The archives committee has faced new challenges this year due to Covid 19. However, with the guidance of our Archivist, Naomi Constant, accession of donated items and deaccessioned of duplication, requests for information and research have been provided. Documents for Collection and Access policies have been prepared by Naomi Constant.

Changes to the computer system include updating the file sharing system, by having all files on Google Drive. We will continue to have Dropbox on the office computer to file share with **Mary Watt** for photos and inventory updates. The archives has a new email address <u>vghsonarchives.99@gmail.com</u>.

Zoom has been used to facilitate meetings. It is hoped that changes to the website will occur in the near future.

**Norma Guttormsson**, leader of the Window Display Team, continues to provide interesting displays in the Alumnae Association windows in the Pattison Pavilion. Norma has recently completed a detailed plan for the window displays for the year 2021. The display team now consists of four members: **Janie Birkeland**, **Norma Guttormsson**, **Kathy Murphy**, and **Marg Shugg**.



After many years Linda Allardyce and Jane Robertson have resigned. Sincere appreciation is *Naomi Constant* extended to present and past members of this team.

Sincere appreciation is also extended to Archivist Naomi Constant, committee members Karen Armitage, Robin Brenner, Betty Kirkwood, Denise MacMartin, Marg Shugg, and Mary Watt. Respectfully submitted,

Barbara Kissuras

Financial Repo	ort 2020			
	Revenue	Expenses	Investments	
General Fund	\$21,057	\$15,600	\$135,000	
Archive Fund	\$11,556	\$6,106	\$90,000	
Education Fund	\$13,701	\$6,507	\$75,000	



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# Hello from your Executive Secretary/Treasurer



**2020** Wow, what a year!!! I hope all of you stayed healthy in 2020. In spite of Covid-19, I have continued with my various Alumnae duties at the office, as I generally work alone. My first year in the added role of Treasurer has been quite a learning curve, but I have had terrific support from the Board and an accountant that we can reach out to. Certainly I have learned quite a bit thus far and know that I will continue to learn. The financial record keeping has gone digital which makes the revenue and expenses easier to manage. There is a 2020 year end financial report in the Newsletter for your reference.

Early January, 2021, the Bulletin and the Membership renewal form was received by almost 1,000 members. You will have noticed, our membership form had a complete makeover, and these changes will help streamline the accounting process for our association. The design change came about as a result of the VGHSON AA attaining full charitable status with CRA. This year all monies sent to the Alumnae Association by you, the members, will receive a tax receipt. Those who reassigned their 2020 luncheon fees as donations will have received this new

tax receipt. 2020 Memorial Book donors also received the tax receipt. Heartfelt thanks to all of you for your donations!

Members from the '50s & '60s classes continue to provide the majority of our alumnae support by maintaining their membership, but there is an encouraging trend emerging - there is a slight increase of paid members from the classes of the '70s & '80s. Let's keep that up: reach out to your classmates, reach out to your "big and little sister" classes and encourage them to join and/or renew their membership. The financial support you give helps various committees provide for our members in many ways. Each year the Newsletter keeps us all informed with the reports of these various committees' activities.

For those current VGHSON members who may be looking to advance their education, the process to obtain your VGHSON transcript has been streamlined. The Website "Transcript" link directs you to a link that connects directly to Vancouver Coastal Health's Clinical Education Department where there is information you need to complete the request. Remember too, that you, or descendants of yours, may be eligible for financial support from our Education Committee.

I am continuing to collect data on family graduates from our school, so please pass on any information of those family linked graduates - mothers, daughters, sons, sisters, or brothers. Thank you.

Sadly, not only was our Luncheon cancelled, there were many of us who had to cancel our reunions in 2020. I was one of them. We had planned on celebrating 45 years at Harrison Hot Springs. I certainly missed seeing many of my classmates. Reunions are so much fun and give us all a chance to share and reflect on how those three years of our lives we spent together influenced us and helped shape us into who we are today.

Please find it in your hearts to keep your connection to your VGH nursing school by supporting your Alumnae. Here's to a great 2021!

Contact us: 855 W12th Ave. Vancouver, BC V5Z 1M9 604 875 4111 ext. 62049 <u>vghson99@gmail.com</u> Cheers . . .

Sue Goguen (Gammon) Feb'75

# **MEMORIAL BOOK**

In 1959, a Memorial Book was created by the class of September 1954 in honour of Helga Thordarson, a classmate. The graduate's name is entered in the book along with the year of graduation, year of death, and the name of the person who made the request. Often the request is from classmates, family members and friends.

The original book has been filled. The calligrapher is Trudy Philips (Feb. 1953).

The two books can be viewed at the annual luncheon which is held on the first Sunday of May each year.

A donation of \$15 is suggested which is given to support our Bursary Fund. To honour a graduate, please contact the Alumnae office to obtain the form which will be sent by mail. After filling out all the information, it is returned to the office along with a cheque payable to the VGH School of Nursing Education Fund. It will be deposited in the Education Committee bank account. Acknowledgements will be fulfilled.

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# Nomination Committee Report 2021

#### Officers

President: Kathy Murphy Vice President: Mary Raikes-Tindle Recording Secretary: Lynne Dunbar Executive Member: Suzanne Stothers Executive Secretary/ Treasurer: Sue Goguen

Sue Goguen

#### **Committee Chairs**

Archives: Barb Kissuras Education: Joan Kerr Friendship: Lorna Hoare and Diane Parker - Co-Chairs Luncheon: Myrna Braun and Suzanne Stothers - Co-Chairs Membership: Sue Kerr Communications:

Submitted by: *Mary Raikes-Tindle* 

#### **Archive Committee Display Windows**

The display windows are situated at the west end of the first floor in the Pattison Pavilion. In 2020 the windows featured two significant

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themes: International Year of the Nurse and Midwife and the 200th Birthdate of Florence Nightingale, May 12, 1820.

Her work in the Crimea was displayed and instruction from her text book entitled, *Nursing, What It Is and What It Is Not (1860)* in which she emphasizes cleanliness, and in particular, hand washing.

The 1970 Graduation Class was honoured with photos and creative posters. Each year, the last class of 1991 is also recognized. In November, the annual Military Theme remembers graduates who served in WWI and WWII.

Sincere appreciation is extended to Naomi Constant, our archivist, for her assistance and expertise.

#### 2020 Window Display Team:

Linda Allardyce and Jane Robertson '60, Janie Birkeland '66, Norma Guttormsson'58, Kathy Murphy'65 and Marg Shugg '54. We welcome new members. Please join us by calling 778-572-0665.



# Thank you

In the March 2020 letter to the members regarding the cancellation of the Annual Luncheon, the announcement of the change in the charitable status was announced. After review of the current Constitution and Bylaws of the VGH School of Nursing Alumnae Association, the Canada Revenue Agency approved the change from charitable tax receipts to be issued only for donations to the Archival Development Fund to charitable tax receipts to be issued for any money given to the Alumnae Association.

This change affected the fees for the 2020 luncheon as decisions had to be made by the members to have their money returned or donated to any of the three accounts: the Archival Development Fund, the Education Fund for Bursaries, or the General Fund.

This change led to increased workload for Sue Goguen, our Executive Secretary/Treasurer, as new forms were created, the entire process was computerized, and the number of donations increased. The 2021 Membership form was also revised to include opportunities to donate.

Due to the volume of donations received, it was decided by the Board of Directors that donations for the year 2020 will be reported as the number of donations received for each fund and the total amount received for each fund.

The results are:	Total number of donors	Total received
Archival Development Fund	228	\$10,750.00
Education Fund	107	3,545.00
General Fund	51	1,288.88
Grand Total	386	\$15,583.88

The donations are used according to the description of our Alumnae Association approved by the CRA. The General Fund donations augment the operating budget with the Annual Luncheon being the largest expense. The Education Fund donations are used to provide bursaries to graduates returning to school or for the descendants of graduates who are commencing their nursing education. The Archival Fund is used for the ongoing work of the Archives Committee and Archivist and for the future location of the archives and artifacts.

If donations are not required for immediate expenses, they are invested in a variety of funds. The Board of Directors greatly appreciates all donations that assist on the operation of our Alumnae Association. *K. Murphy* 

# **Reunion Plans -**

#### **Greetings to Sept'65 classmates**

We are sending this little message And hope you are stopping the spread, Take care of yourself until next year, The Committee is planning ahead!

> We listened to Bonnie Henry, We did as we were told, "Be calm, be kind, stay safe"--Are words nurses can behold.

In March we locked ourselves inside We stayed in our bubble small. The curve was flattening, things looked great Galiano wasn't until the Fall.

But that nasty COVID virus Will just not go away, We're getting tired, the virus is not.... We are ready to sing and play.

Classmates to the south are stuck, Our border they cannot cross, We couldn't have our Reunion Without them it would be a loss.

Alas, a decision had to be made Our Reunion came to a halt!! We are all part of that "vulnerable age", Disappointing -- but not our fault.

This special bag was ordered For your enjoyment and personal use. It's perfect for sanitizer, gloves and masks, Now no one will have an excuse.

Keep yourself happy and busy, September '21 is a year away, Let's hope that we can gather then **REUNION 55+1 -- HAPPY DAY!!!** 

With our best wishes from The Reunion Committee *Fran, Joan, Kathy, Lynne, Margaret, Nola* 



#### September '66

Unfortunately, I have no updates for Sept. '66 classmates. However, I hope everyone and their families are faring OK during this difficult time of COVID - 19.

Now to business! A few of us are thinking that a reunion next year would be a good idea! Our 56th anniversary.

I'm asking for the help of classmates in putting this together. Your thoughts? Month? Location? Contact information? Updates re yourself and classmates you are in touch with would be very much appreciated.

Please send to me (e-mail best) at... <u>rjaird@shaw.ca</u> or to **Jill (Raikes) Watson** at... <u>gillianwatson123@gmail.com</u>

Look forward to hearing from you.

Jacquie (Reed) Aird.



Class of Sept'66. "Remembering our 50th reunion in 2016".

#### September '67

Hello to Sept '67 classmates!

Our 55th Reunion is scheduled for September 2022. We will be in touch in 2021 as we look ahead to "normal," and our proposed plans.

Committee: Allison, Kathie, Joanne, Lesley, Christine (kris@dviltd.com)

Thank you, Christine DeVisser Fraser



This photo from our 2017 reunion. Three of the ladies are part of our reunion group.

#### SPRING 2021

# **Reunion Plans -**

#### September '71

It was to be our 50th reunion this year and we had planned on a gathering at a resort in the fall. Our planning group discussed Zoom as an option but we quickly realized there was only one decision. The

decision made was that we needed to be safe. We contacted our classmates and those that responded agreed. We are hoping we can gather together in the fall of 2022 and celebrate then. We are



saddened by the loss of two of our classmates.Barbara (Wallace) Defago and Barbara (Wilson) Pike.

It is very fortunate that we've come together so often as a class for our reunions over the years. As time went by, we shortened it up from every 10 years to 3-5 years.

There are 10 of us on Vancouver Island that have been getting together twice a year for lunch, for a number of years.

We meet at various places up and down the island, in between Campbell River and Victoria, the furthest north and south from where we live. A couple of classmates who live in Vancouver have joined us from time to time. It's been fun.

We have done a Zoom visit now a few times and have plans for more. We are looking forward to attending the alumnae luncheon for our 50th, hopefully, next year.

We hope the members of our association are doing the best they can during these most extraordinary times. *Judy Reid (King)* for the class of Sept. 1971.

jreidqb@hotmail.com

#### February 1982



**Remembering Reunion 2019** 

"Class of Feb '82 has their 40th grad anniversary coming up in Feb 2022. Let's do

ourselves proud and make the reunion as special as it is big. If anyone would like to join a committee and be involved in the planning, please contact **Laurel Coghlin** at <u>lcoghlinnewman@gmail.com</u>. (604) 771-5253. Suggestions for venues or events is much appreciated. If you have new contact info for yourself or another grad, please send it my way. We don't want anyone left out.

I was in Vancouver recently and took these pictures of the old dorm. They may not be worthy of putting in a newsletter but I know none of us will ever forget what 2851 means".

# Class News-2021

#### January '47.

My name is **Devina (Rasmussen) Dennis.** I am 95 years old. My husband is 97. We still live in our lovely house with housekeeping help, shopping etc. we are so fortunate to have worked hard and enjoyed the results. I keep in touch with **Daphne (Gwilliam) Walstrom.** I so enjoy the *Newsletter*.

**September '47.** I'll be 95 in April, still driving my 2010 Ford Fusion and living in my own home. I love coming to the Luncheon and to get together with classmate **Norval (McDonald) Rhodes**.

Hazel (Rogers) Hansen.

#### September '54

Sadly we have lost two classmates, **Bobby (Symonds) Desaulniers** and **Anne Williams**.

Ruth (Haupt) Carlisle sent this photo with Jean (Young) Smith working



(Young) Smith working together as student classmates and are now living in the same complex in Tsawwassen. Kathleen (Kay) Raisbeck is living in Kelowna and keeps cheerful, waiting for vaccination so that restrictions can end and visiting can resume. Thank you Anne (Lennox) Mitton for her recollections on IDH. Mary (MacKinnon) Watt

# VGH SCHOOL OF NURSING ALUMNAE ASSOCIATION Class News-2021

#### September '56

The headline screamed from the front page of the Vancouver Sun newspaper, *VGH Student Nurses Revolt* – or something similar. At a distance of almost sixty-five years the exact wording escapes me.

It was August, 1956. The graduating class of Sept.'56 would soon be leaving the home where we had resided in close proximity and camaraderie for the past three years. Our class occupied the sixth, seventh and eighth floors of the student nurses' residence but now, with less than a month before we would go our separate ways, we were ordered to move – to be scattered throughout the building in order to accommodate the class of Sept.'59 that would be moving in.

For the first time in three years, we defied authority. We refused to move.

It should not have been a big deal – not as long as our legs and the residence elevators were in working



order. But, knowing that in only three weeks we would be separating from our closest friends, perhaps forever, was akin to leaving home and family for the other side of the world. As we prepared to say goodbye, we needed the comfort that the proximity of our rooms afforded.

Supervisors, home matrons and instructors advised us to vacate our rooms without protest. We dug in. There were rumours of suspending us, or worse – removing us entirely from the nursing program. And still, with the threat of three years of hard work and study being snatched away, we resisted.

The time was getting short. The new class was already arriving but could not gain entrance to the rooms to which they had been assigned.

Finally we were ordered to assemble in the classroom in the basement of the residence. Into this group of sixty-five hostile young women strode a fiery little lady in nurses' uniform, her cap perched at its usual rakish angle on her fair head. Miss Ada George, our Pharmacology and Materia Medica instructor, stood before us. So often she had made us squirm under her blistering gaze and direct questioning. Not today. Even for Miss George, the bane of our training years, we were not giving in.

For more than an hour she stood her ground, fielding our angry outbursts. Calmly, with obvious concern and affection, she implored us not to sacrifice three years of hard work and study, our careers and our futures. Then she left us. In that hour we came to know a different Miss George than the one who could turn our knees to jelly with just one look. In that hour we reached a level of maturity that even three years of nurses' training had not accomplished.

With a mixture of humility and admiration we quietly returned to our rooms and prepared to move.

Iris (Robinson) Riedweg

#### February '57

**Marion (Barker) Cox** VGH Class Feb. 1957 writes: In 2020 and '21 the COVID-19 Pandemic has and continues to challenge the world.

Embedded in my memoir entitled *Marion's Musings* are several excerpts of my encounter with measles and polio.

Over 60 years ago, shortly after I graduated, I was with my husband in Venezuela. I recall a trip to the Amazon jungle a few kilometres south of Maracaibo to visit a small Catholic Mission. A few Indigenous people were mournfully standing in front of a large log cabin. The women were bare-breasted and the men held spears .There had been an outbreak of measles in their village resulting in many deaths, and no one had immunity. The only response the missionaries could provide was a prayer.

In 1958, shortly after the polio vaccine was approved, the Canadian Consulate provided me with a batch of vaccine. I was able to inoculate my husband's cocoworkers and their families. I recall inoculating two children and their mother, but their father refused. Years later I learned he contracted polio. His right arm was paralyzed and he walked with a limp. This momentary decision debilitated him for the rest of his life.

A measles outbreak occurred in 1965 when I was living in Karachi, Pakistan with my husband and three children.

Canada was under the British Embassy, the vaccine was not approved, and many British succumbed.

Our three children got the measles. One night our fouryear-old son

struggled for breath



Taken at the beach on the Arabian Sea, a few kilometres west of Karachi where the company beach hut was located.

and we rushed him to the local hospital. He had developed bronchopneumonia and was a very sick boy. They gave him oxygen, but because of his measles, he was barred from admission. We were advised it was safer to nurse him at home. Our doctor came every day to inject an antibiotic. I hand fed him. I bought a steam kettle to provide a moist environment. He gradually recovered from his serious illness.

Vaccines have saved many lives. I hope we all as soon as possible receive a COVID-19 vaccine.

# Class News-2021

#### September '61

**Joanne (Golightly) Gaitens** writes: I finally retired from nursing at Peace Arch Hospital, White Rock, the end of February 2020. I turned 80 in December. It was a long career working. I also worked at VGH and LMH. I worked 4 and 8 hour shifts the past years, When I started at VGH SON in 1958 at 18, I never thought I'd still be nursing 62 years later.

#### Class of '67

Thank you **Sue Potts** for the greetings and thank you note " for what you do".

#### September '69

Thank you to **Beryl (Murray) MacLean** writing from Qualicum Beach and reminiscing about her drawings as assistant editor and artist in the 1968 year book. **Heather Hall** was the editor .

#### February '70

In reply to a card set by the Friendship Committee, **Carol (Taft) Krasniuk** writes: Life is forever changing and we are experiencing something that happens once every 100 years or so. That's life. We all have learned this via our profession and have been able still keep on trucking. My profession has made me the woman I have always been. I have always been so happy and proud of my decision to become one who chose to help whoever, whenever we are able, and have the opportunity to show that we truly care about our fellow humans. My mother was a nurse and would never turn down helping people and did it with joy and pride. We are a special breed who always have a smile on our face when we can help. It truly is a wonderful profession that gives back to us when we learn and roll up our sleeves and just get in there and help! It is a pleasure hearing from you and about your concerns for us, the VGH grads of Feb.'70.

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**Denise (Lind) MacMartin '73, (arrow), a member of the Archives Committee, produced this photo. She was a patient in the VGH children's ward at Christmas time 1952, the year that it opened.** 



# Everything is not locked down:

\*Sunrises, \*fresh air, \*time with family, \*creativity, \*friendships, \*hobbies, \*hopes and dreams, \*kindness, \*conversations, \*learning, \*imagination, \*sunsets.

Cherish what you have. Stay home and make the most of your time.

> May you be safe, happy and well.



#### **Honorary Members**

Mrs. Matilda Bara Mrs. N Mr. Charlie Etchell Mr. D.I Anita Petersen Jens Pe Mrs. Sheila J. Rankin Zerr

Mrs. Naomi Constant Mr. D.E. McTaggart Jens Petersen cin Zerr

#### **Life Members**

Sharon Baxter (Francis) '62 Vivian Blake (Jackson) '50 Peggy Etchell (Thompson) '51 Lorna Hoare (Snider) '66 Joan Kerr (Dunbar) '65 Gail McKay (Glanville) '62 Eleanor McTaggart (White)'47 Diane Parker (Sjerve) '68 Mary Raikes-Tindle '65 Betty-Anne Rogers '57 Pat Sexsmith (Kay) '62 Jean Tsuyuki (Lyons) '57 Mary Watt (MacKinnon) '54 Janie Birkeland (Schwab) '66 Myrna Braun (Wagstaff) '62 Norma Guttormsson (Scobie)'58 Adelaide Hutchins (MacLean) '53 Sheila Kirk (Poersch) '61 Elizabeth Kirkwood (Miles) '53 Kathleen Murphy (McCutcheon) '65 Trudy Phillips (Smith) '53 Kay Raisbeck '54 Nancy Semke (Bouzovetsky) '57 Margaret Shugg '54 Ethel Warbinek (McIntyre) '56

#### Continued from page 1 Remembering Another Time, Same Place - POLIO EPIDEMIC

In the 1950's the IDH (Infectious Disease Hospital), on 12th Avenue next to the nurses' residence was filled to capacity with polio patients. Nursing staff of our hospital and hospitals throughout the country went on high alert. Senior nursing students were sent to augment the overworked staff.

*Pat (Hockridge) Hudson, Feb'54* "Such a long time ago! I served as head nurse for a very short period of time, relieving for a much senior nurse. I do recall prior to that, working on the ward with the patients, some of whom were children. My recollection, and this is still vivid in my mind, was the evening that one of those young patients died. The Senior Physician in charge of the ward arrived in the morning to do rounds and was in tears hearing of the young boy's death. I wish I could remember his name. He was a wonderful man. I do not recall very much else of that time. The iron lungs were always background noise, a reminder of how serious this epidemic was. This was in the 1950's. We got the Salk Vaccine. My heart goes out to all the health care workers of to-day".

Ann (Lennox) Mitton Sept '54. Ann remembers one day she was working with the iron lung patients and the electricity went off. "Orderlies quickly arrived from every corner to manually work the pumps on the iron lungs. There were two styles of pumps, those with bellows at the end (one orderly could pump two lungs) and those that had levers underneath that would pull out to the side. They hand pumped until the power was restored and they didn't lose one patient".

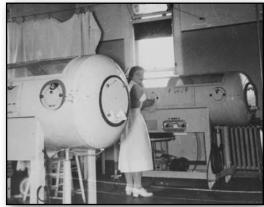
*Kay (Platt) Matterson Sept '55* "There were about five iron lungs and the same amount of rocking beds in the ward I was in. Most were men, and looking after the young men was difficult at times because they had lost control of their lives and could only talk. There was a mirror at the top of the iron lung above their heads that enabled the patient to see part of the room they were in. They teased and demanded. Fortunately there were orderlies working at the time. They looked after men's needs, did heavy lifting, and were often life-savers to student nurses. Some of the patients who were less critical or whose situation had improved were able to occupy rocking beds full time or periodically. When mealtime came, they were transferred to a chair and a respirator was put on, but this could only stay on a short time".

*Mary (MacKinnon) Watt Sept 54* "I was finishing the last six months of my training and as a senior student I was sent to IDH to help relieve the nursing shortage. That was the first time I had seen or even heard of iron lungs. There were ten or twelve of these huge machines grouped at the end of hall with many nurses and orderlies in attendance. I only worked on the iron lungs to give the nurses needed breaks. My main job was to look after the polio patients who were only partially paralyzed - paralysis in one or both legs was most common but sometimes it affected weakness or paralysis in arms, bladder and bowel too. It was very physical work. Besides the normal bedside care we were trained to do - enemas, catheterizations, medications etc. - putting hot compresses on arms and legs was the most challenging, a hard two-person job. Wool blankets were steamed in a big contraption, then we pulled the heavy blankets out, wringing and twisting them using a couple of wooden dowels, and then hurried to the bedside. The affected part was wrapped first in a sheet, then the steaming blanket, then a dry blanket and then a waterproof layer. These compresses were used to



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Infant iron lung



1954 in IDH Nancy Morishita '54



Polio Ward in Downey California 1953

relieve nerve pain and keep the muscles from cramping. Half an hour later the compresses were cold and clammy and had to be removed. We always checked our aching muscles when we got back to the residence, hoping a stiff neck was not one of the pains".

Then in 1955 Jonas Salk invented the vaccine and soon Canada was free of new cases.

# **Remembering Another Time, Same Place – POLIO EPIDEMIC**

"There is no patent.

**Could you patent** 

the sun?

I feel that the greatest

reward for doing is

the opportunity to do

more".

Jonas Salk

#### The Vaccines

As with the Covid pandemic of today, the race was on for a vaccine to help stop the spread of polio.

Jonas Salk MD: "I had an opportunity to spend time in elective periods in my last year in medical school, in a

laboratory that was involved in studies on influenza. The influenza virus had just been discovered about a few years before that. I saw the opportunity to test the question as to whether we could destroy the virus infectivity and still immunize. And so, by carefully designed experiments, we found it was possible to do so".

Research money for polio came from the National Foundation for Infantile Paralysis NFIP now known as *The March of Dimes* and was founded by President F.D. Roosevelt in January 1938. The name was coined by Eddie Cantor, a very popular entertainer, after a popular song during the depression, "*Brother Can You Spare a Dime*". Cantor persuaded his friends in show business to encourage the American public to send a dime to Washington for Roosevelt's birthday on the 30th January. "The March of Dimes will enable all

persons, even the children, to show our President that they are with him in this battle against this disease. Nearly everyone can send in a dime, or several dimes. However, it takes only ten dimes to make a dollar and if a million people send only one dime, the total will be \$100,000". On the president's birthday 2,680,000 dimes had arrived at the White House and continued to do so raising tens of millions of dollars, much of which went to

the effort to find a vaccine. (The president had contracted polio when he was 39 and was paralyzed from the waist down and unable to stand or walk without support).

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Dr. Jonas Salk, of the University of Pittsburgh, developed a precise method for reliably inactivating or killing the poliovirus with formaldehyde while retaining the virus' ability to stimulate an immune response. In 1954, clinical trial using Salk Vaccine and a placebo began on nearly 2 million American schoolchildren. In April 1955 it was announced that the vaccine IPU (inactivated polio vaccine) was effective and safe and a nation-wide inoculation campaign began the same day. However shortly after, a vaccine produced at the Cutter Labs in California, was found to be defective. It had been injected in

thousands of people and resulted in many children left paralyzed and some deaths. The inoculation program in the US was suspended.

#### **The Canadian Story**

The Connaught Medical Research Laboratories in Toronto, under the direction of Robert Defries, played a significant role in the development of Salk vaccine by developing a medium (Medium 99) in which the poliovirus



could be cultivated. Upon receiving a sample, Jonas Salk was able to prepare a small supply of the polio vaccine for its first human use. Connaught then led progress in large-scale production methods, enabling the mass field trial in 1953. Again the financing for the research came primarily from the March of Dimes Campaign.

Salk receiving Medium 99 from Connaught labs.

Paul Martin Sr., Minister of Health (1946-1957) contracted polio at age 14, leaving him with an impaired arm and partially blind. His

son Paul Martin Jr. also contacted polio as a child. Paul Sr., knowing firsthand experience of polio, was instrumental in pressuring the government to continue polio vaccination after the Cutter disaster using the vaccine supplied by Connaught Labs in Canada, thereby protecting the Canadian population against polio. The American government did not resume vaccinations until 1961.



The VGH Infectious Disease Hospital (IDH) was on the south side of 12th, beside the new nurses' residence. On the west side was the laundry.

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Continued from page 13 Remembering another time.

#### The Canadian March of Dimes

In 1949, desperate to find a cure and protect their children from polio, mothers across Canada joined in a North America-wide fundraising effort, going door to door in their own neighbourhoods to collect dimes. Women canvassed their neighbours carrying pickle jars or canvassing kits. Homes welcoming Marching Mothers® were told to "leave



The Right Honourable Ms. Fairclough leads a group of Marching Mothers in the "leave your porch light on" campaign.

the porch lights on, the mothers will be marching tonight," signalled their support. The Right Honourable Ms. Fairclough, whose 15-year-old son Howard developed polio, became involved with the March of Dimes and became Chief Marching Mother.

With the discovery of the vaccine, March of Dimes then turned its mission from "cure" to "care" by providing support, first to polio survivors, then expanding its mandate to provide a wide range of much-needed services to children and adults with any type of disability.

In recent years, after a period of prolonged stability, individuals who had been infected and recovered from polio are beginning to experience new signs and symptoms, characterized by muscular atrophy (decreased muscle mass), weakness, pain, and fatigue in limbs that were originally affected or in limbs that did not seem to have been affected at the time of the initial polio illness. Post Polio Syndrome, PPS, is a very slowly-progressing condition marked by periods of stability followed by new declines in the ability to carry out usual daily activities.

#### Albert Sabin

An oral vaccine, or OPV, was developed by Polish-American scientist Albert Sabin and came into commercial use in 1961 after extensive testing in Russia and the Netherlands. It is less expensive to produce and more convenient to administer. It is on the WHO's List of Essential Medicines. Both IPV and OPV are now used in Canada. Neither vaccine was patented.

A Forbes analysis in 2012 concluded that Salk "would have been richer by \$7 billion" if he had patented his vaccine. *K. Mary (MacKinnon '54) Watt* 

#### VGH School of Nursing Alumnae Association Communications Committee

#### Purpose

To coordinate the communication methods used by the Alumnae Association to keep the membership informed.

#### Objectives

- 1. To gather the information required for the annual Bulletin that is sent with the membership renewal in early January of each year.
- To assist in the information collection from Board members and members for the production of the annual Newsletter in early Spring.
- 3. To coordinate and submit changes to the website that are identified by Board members.
- 4. To assist with the printing needs for the Annual Luncheon as required.

#### Membership

The Committee members are the Chair, Executive Secretary/Treasurer, Newsletter Editor, other members as required.

The Committee Chair is elected annually at the Annual General Meeting.

The Committee Chair is a member of the Board and expected to attend the regular Board meetings and the Annual General meeting.



#### THE DIAMOND FAMILY COURTYARD

The Diamond Family Courtyard in the Pattison Pavilion at VGH has been recently transformed with the addition of the three house poles created by carvers from the three nations on which the hospital sits.

The nations represented are the Musqueam, Squamish and Tsleil-Waututh.

At Vancouver Coastal Health (VCH), we believe that everyone deserves access to safe, culturally appropriate care.

VCH, Aboriginal Health, and the VCH and UBC Hospital Foundation, are proud to partner on a project to transform the Diamond Family Courtyard at Vancouver General Hospital (VGH) into a healing gathering space recognizing the link between VCH and the indigenous people we serve. The first step is to install three house posts - one represents each of the three Nations on whose unceded and traditional territories VGH sits: the X<sup>wm</sup>Dθk<sup>w</sup>JyJm (Musqueam), SkwXwú7mesh (Squamish), and SJiliwJta?/Selilwitulh (Tsleil-Waututh) Nations. Each house post is being created and designed by local carver from each three nations: Brent Sparrow of the Musqueam Indian Band, Xwalacktun (Rick Harry) of the Squamish Nation and Zac George of the Tsleil-Waututh Nation. The post is designed by Xwalacktun.

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Creating a welcoming space is one of the four pillars supporting Indigenous cultural safety at VGH. The three additional pillars are providing culturally safe staff, access to cultural supports and access to cultural resources and policies. Through this work, which began in 2016, VGH aims to provide Indigenous people access to a care environment where they feel safe, respected and acknowledged.



# Changing looks at VGH

The Semi Private Building at VGH was built in 1939 on 12th Ave. and was converted to Health Centre for Children 1952. When the new Children's Hospital on Oak street opened in 1982 and the patients were moved, the building was converted for use as a Psychiatric treatment centre.

The building has been going through demolition process for the past year and will be replaced by an outdoor resting space with grass and benches.



Looking south from Heather Pavilion, Photo; Sue Goguen



Looking north from 12th Ave. showing Heather Pavilion and the back of 1914 nurses' residence on the right. Photo; K Murphy



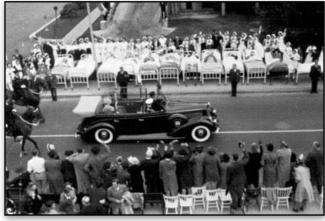


View from 12th Ave. 1952 Health Centre for Children



View from Heather Pavilion looking south west. Photo; K Murphy

# **Remembering "Children's" on 12th** Photos from the Archival Collection



1939. Patients and admirers greet the King & Queen who are driving on 12th Ave., and passing the new Semi Private Pavilion. Prince Phillip will later visit the Semi Private Building, (the new Children's Health Centre) in 1951.





# Unaging in OR



Larger operating rooms

# Changes for VGH/UBC hospitals

This year the Phil and Jennie Gaglardi Surgical Centre will open. It has 16 new state-of-the-art operating rooms, a 40-bed pre and post operative care unit, new communication systems to manage activities for health professionals across two operating floors, and an upgraded infrastructure.

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At UBC Hospital, investments have increased its capacity for higher acuity patients and more complex procedures.

As part of the OR renewal project, UBC Hospital has opened new and improved in-patient units, designed to support patientcentered care, including a new high acuity unit to support more

complex scheduled surgical cases and sicker patients.

These improvements will allow more scheduled surgeries to be moved to UBC Hospital, allowing VGH to focus on emergency and trauma surgeries. This will result in fewer cancellations and will reduce patient wait times for non-urgent procedures.

In a future phase of development, additional space will be renovated to create a total of 30 operating rooms: a 30% increase.

This project is being financed by the Provincial Government, Vancouver Coastal Health, VGH/UBC Foundation and private donors.

#### **Remembering "Children's"** From the Archival Photo Collection

Nurses transferring infants from the old "Children's" on Haro Street to the new Health Centre for Children at VGH. 1952.



Photo taken in 1925 of Children's Hospital on Haro Street



Patients and nurses "taking in the sun" at the old Children's Hospital

# Education Committee introduces 2020 Bursary Winner - Jessica Porth



This year the Education Committee would like to introduce you to **Jessica Porth**, one of our bursary recipients.

Jessica is an inspiring young woman who entered the University of the Fraser Valley in 2017 to begin four years of the baccalaureate nursing program. Her desire to enter the nursing profession began back in 2010. She has always had a strong desire to assist others and help to improve their quality of life. She realized she could attain this goal by becoming a nurse.

Her focus has always been on children. She stated that she loves how full of life they are and how much enjoyment they bring to her life. She was a part-time nanny for a family and the mother of these children wrote to say how skilled Jessica was to engage with the children and took the responsibility and initiative to do far more that just child-minding. The children loved to have Jessica's care and attention.

In 2016 Jessica started to volunteer at Canuck Place Children's Hospice in Abbotsford, where she enjoyed the interaction with patients, their families, and the staff, specifically the nurses. It was because of what she learned from the nurses and career opportunities available that she enrolled into the nursing

program at UFV in 2017.

In 2018, the coordinator at Canuck Place gave an incredible endorsement for Jessica to receive a bursary and ended by saying that "She (Jessica) is out to make a difference in this world, and she will achieve just that." Because of her love for children with their special needs, she became a member of the clinical team as a personal care aide, which allowed her to experience, care for, and learn even more about the medically compromised children Canuck Place provides care to. A co-worker wrote to say that Jessica comes to work each day with love, compassion, and a caring nature that will make her an exemplary nurse. She hopes to one day return to Canuck Place as a registered nurse.

She is a very committed and dedicated woman and was enrolled in full-time studies but worked throughout the summer so that she could concentrate full-time on her studies during the academic year.

In early 2020 Jessica was accepted into a global elective at UFV and was to travel to Sierra Leone (West Africa) in May. She was looking forward to this trip for the chance to learn about pediatric healthcare in other parts of the world. Unfortunately, we all know what happened to travel in 2020 and her trip was cancelled, but she has hopes to make the trip in the future to share in this amazing experience.

The Education Committee has had the pleasure of following Jessica throughout her nursing education. She graduated in December 2020 from UFV with her Bachelor of Science in Nursing degree.

As a student nurse, Jessica had the opportunity to work on the oncology unit at BC Children's Hospital which seemed an ideal match for her passion working and caring for children and their families. Since graduation, she has accomplished another goal by taking a position at Abbotsford Regional Hospital in pediatrics, which is a perfect start to her career. Congratulations, Jessica!

Jessica was encouraged to apply for her first bursary by her proud grandmother, Mary Raikes-Tindle, a VGH Sept.'65 grad. Mary has been the Vice President of the Alumnae Association for over 15 years.

Jessica has been a deserving recipient of a bursary sponsored by the VGH/SON Alumnae Association for her four years as a student nurse.

In 2017 and 2018 Jessica received the Eileen (Lewis) Johnston Memorial Award. In 2019 she received one of the VGH/SON Alumnae Association Bursaries. In 2020 she received the Edith Mary (McCallan) Cork (VGH'36) Memorial Award.

Watching the progress of Jessica throughout her nursing education and all she has accomplished so far; I am confident that Jessica has a wonderful future ahead of her and the Education Committee, and the Board of Directors wish her the very best as she pursues her dreams and goals of making a difference, especially in the world of health.

It is because of the generosity of fellow VGH/SON Alumnae who donate to our Education funds that we are able to assist Jessica and many other students with their costs to pursue their nursing aspirations and dreams. *Joan (Dunbar) Kerr, (Sept. '65)Chair, Education Committee.* 

#### SPRING 2021



# **Archives Committee**

#### **Statement of Purpose**

One of the purposes of the Vancouver General Hospital School of Nursing Alumnae Association, through its Archives/Artifacts Committee, is to collect, preserve and display artifacts and archival material relating to the history of nursing in Vancouver for the period 1899-1998, with particular reference to the Vancouver General Hospital School of Nursing.

#### **Collections Policy**

The Archives/Artifacts Committee will accept donated material that it can care for adequately. Material should be in reasonably good condition, have clear title, and be free of any restrictive conditions as to use or future disposition.

The Committee will accept material in the form of gift, bequest or loan. If gifts duplicate items in the collection the Committee reserves the right to dispose of extra items in an appropriate manner.

Holdings will be made available to the public by means of exhibitions, loans, educational programming and provision for research.

#### **Reference and Access Policy**

The Archival and Museum Collection is available to researchers and the general public under certain conditions:

- Visitors must make an appointment with the Archivist to visit the Archives.
- The Archivist will assist in providing access to the material, or to information on the website.
- All materials must be handled carefully and kept in existing order. No archival material may be removed from the public space.
- -With permission from the Archivist, material may be duplicated, subject to any reproduction restrictions or copyright law.
- -If researcher plans to publish material, copyright clearance must be obtained, and credit given to; "Vancouver General Hospital School of Nursing Alumnae Association Archives Collection"

The Archives can be contacted through the association website <u>vghnursingschoolalumnae.com</u>. Email: vghsonarchives.99@gmail.com Telephone; 604-875-4111(Local 62049) Mail: 855 West 12th Avenue, Vancouver, B.C. ,Canada V5Z 1M9

The Archives/ Artifact Committee welcomes any donations or inquiries. Please contact the Archivist at email: <u>vghsonarchives.99@gmail.com</u>



.DS\_Store



Old nurses home 10th & Heather





The Registered Nurses Foundation has been providing bursaries since 1979 to RNs and RN students through the RNFBC Endowment of \$5,000,000. In 2020, 183 Bursaries were awarded from the 39 Named Bursaries. More information about available bursaries can be found at <u>www.rnfbc.ca</u>. The Vancouver General Hospital School of Nursing Alumnae Bursary was created in 1984 from donations from the Alumnae Association, former graduates, and from the proceeds of the sale of the VGH Manor. The funding is

available for graduates of the basic programme, the UBC/VGH Collaborative programme, and for children and grandchildren of graduates of these programmes.

In 2020, the VGH School of Nursing Alumnae Bursaries were awarded to five Registered Nurses and twelve student nurses. The thank you notes from the winners indicated sincere appreciation for the award and often tell of why nursing was chosen as a career.

Permission to publish portions of some of the thank you letters was granted.

#### **Abbey Green wrote:**



I would like to express my utmost gratitude for your generous donation. Your contribution is helping me to follow my lifelong dream of helping others as a nurse.

I am a first year Bachelor of Science in Nursing student at the University of British Columbia Okanagan Campus. My mother attended the UBC Vancouver Bachelor of Science in Nursing program over 20 years ago. Growing up, I saw first hand what impact she had on others through her work. I always knew I wanted to be just like her.

I applied to the UBCO BSN program in Grade 12 and unfortunately was not accepted. I attended the Human Kinetics program at UBCO. Completing an additional year of university on top of the four I had planned for has caused myself and my family to change

financial plans for tuition. Thanks to your contribution, I have the opportunity to follow my dream to be a nurse. I am extremely grateful for your contribution towards my education.

My first year of university was a challenging but incredibly rewarding year. I met some of my closest friends and learned some practical medical skills through volunteering with the UBC Emergency Fast Response Team.

I reapplied to the UBCO BSN program and was accepted after my first year of the Human Kinetics program. I got my acceptance e-mail while shopping and I screamed in the aisle and then immediately started crying. I was just so excited! I'm so grateful to be in this program, even despite COVID-19.

#### **Allison Hills wrote:**

I would like to thank you personally for this award as I am extremely appreciative for your donation. I am 18 years old and have just finished my first semester of nursing school in the

Lyears old and have just finished my first semester of nursing school in the Camosun College/University of Victoria BSN program. The semester was an unconventional one to say the least and proved to be very challenging, but I am enjoying my studies very much and am excited to be going into such an amazing profession. My inspiration to go into nursing all comes from my mom who attended the VGH School of Nursing from 1985-88. I have always looked up to my mom as a role model as I admired her strength and ability to care for others. My mom has had an amazing career, from working in Hawaii, San Francisco, San Diego and then back to Vancouver where she continues to work now. Through nursing she has been able to show my two sisters and I the kind of difference and impact we can have in other's lives and what we want to strive towards. I feel very honoured to receive this bursary and it is going to have such a big impact and relieve a lot of financial stress towards paying for nursing school.

I have worked most of my years and all summers of high school to save money to pay for school. However, the cost of living away from home in Victoria is very

expensive. With the bursary I will be able to focus on my studies during the school year and my practicum placements that continue into the start of the summer. Thank you for this very generous donation.

Allison's mother is Susan (Forrest) Hills from the Class of 1988.



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#### **Analyn Perez wrote:**

I am writing to express my sincere appreciation for this generous bursary and to share a bit about myself. I have been working in Pediatric Oncology /Haematology /BMT at BC Children's Hospital since I graduated



form the UBC/VGH School of Nursing Collaborative Program in 1998. I have worked as a bedside RN on the inpatient unit and outpatient clinic and more recently in clinical leadership roles which included the design and build of our floor in the Teck Acute Care Centre.

This past year, I was honoured to take over the Program Manager position for Pediatric Oncology, Haematology, and BMT at BCCH. It has been a major learning curve especially within the context of a global pandemic and I have learned what it takes to lead a large and dynamic team providing complex and innovative treatment and care for patients and families living with childhood cancer and complex blood disorders.

I am enrolled in my first year as a Master of Health Administration student at UBC. This pursuit has allowed me to enhance and build administrative acumen and learn from top-notch professors as well as colearners who come from diverse clinical and non-clinical backgrounds. I will be using the bursary towards my tuition fees as I enter my second semester.

I will always be grateful for my time in the UBC/VGH School of Nursing Collaborative Program. This experience not only launched my

career as a nurse but introduced me to a specialized field I would never have been exposed to otherwise. I am a passionate and committed pediatric oncology nurse and I am honoured to work with an incredible team and serve a very special population.

Thank you for your continued work to foster the educational pursuits.

#### **Claire Seelinger wrote:**

I would like to thank you so much for your generosity, kindness, and support through receiving this bursary. Nursing school is stressful, demanding and a busy time as you know and

everything helps. This will help pay my Spring term tuition this year! It is so valued and appreciated.

I am currently in my third year of nursing school at Camosun College and now the University of Victoria. I am planning to take some specialty courses through BCIT in order to work on a labour and delivery/maternity unit! I have worked in child care and been a nanny for several families and love the interactions and collaboration with parents and kids and cannot wait to apply this into my nursing care in the future.

I am a third-generation nurse: my grandma was a public health nurse for many years and my mother is currently a nurse on a surgical unit at Victoria General Hospital. I was lucky enough to get my last clinical placement on her floor and work along side her. I was not only able to see my mom in action but witness the love and care she gave to each patient. She is well respected and valued in her work place. I was so proud and lucky to be able to witness this. It was an experience I will forever hold dear to my heart. I have always respected my mom but to be educated in the same career path and have her as my role model was very special.

I would like to say one more time how much this bursary is valued and appreciate as this year has been more of a struggle than past with the pandemic and our education format instantly changing. This helps relieve stress and anxiety so thank you.

Claire's mother is Sheralee (Kent) Seelinger, Class of 1991 and her grandmother is Donna (Ramsden) Kent, Class of 1964



Claire Seelinger with grandmother and (bottom) mother

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### **Coping with COVID**

s we reflect on the pandemic year that abruptly changed our personal routines, it is important for us all to consider the impact that it had on the whole world. The recognition that we were all experiencing this together did help but also made many appreciate the many things that we take for granted in our country. The sheer magnitude of the decisions needed to manage this tragedy was overwhelming.

As we adjusted to the COVID guidelines that affected everyone in some way, many of us were not affected by relatives living in long term care facilities, children requiring a new way of attending school, working from home, managing a business, working on the front lines in hospitals, and grocery stores.

However, we did experience a new way of managing our lives. What did you do with the hours now available?



•Learned to Zoom so you could attend courses, gather with families and friends to celebrate events, or just keep in touch.

•Read the books and articles sitting on the bedside table

•Attended church services, concerts and other events via YouTube

•Volunteered for new activities such as delivering Meals on Wheels. shopping and delivering food to folks in guarantine or living on their own •Considered new charities to support or gave more to others with the

money you did not spend on travel, dining out, going to concerts or plays •Tried new recipes or supported restaurants that provided pick up or delivery service

- •Enjoyed local tourist spots when we were permitted to do so.
- •Registered and learned to play bridge online
- •Golfed, gardened, walked
- Mastered a new skill
- •Decluttered closets, computers, cupboards.

As we look forward to vaccinations available for all, it is also time to plan for how our changed lives will be lived in future.

Kathy Murphy

# VGH School of Nursing Alumnae Building Society/Association Fund SUPPORTING EDUCATION, RESEARCH and PROFESSIONAL DEVELOPMENT

In 2002, the VGH School of Nursing Alumnae Building Society/Association Endowment Fund was created to promote life-long learning for nurses. The Fund was created for nurses in order to enhance the quality of care and services provided to patients and their families. This fund is managed by the VGH and UBC Hospital Foundation and funding is awarded annually to nurses at the Vancouver General Hospital, UBC Hospital, GF Strong Rehabilitation Centre and Vancouver Community Health Services.

Unfortunately, the Annual Awards Ceremony usually held during Nursing Week was cancelled due to the COVID Pandemic. The Research Grant recipient was selected but was unable to carry out her research due to restrictions imposed by the pandemic. The other awards dispersed were \$44,739.00 to 25 Bursary winners and \$8,830.00 for Unit Inservice Programs. To date, close to \$350,000 has been awarded to Bursary winners.

A thank you from the Foundation is as follows: "On behalf of VGH and UBC Hospital Foundation, and all of the award recipients, we would like to extend a heartfelt thank you for supporting our nurses and funding their professional development".

Kathy Murphy January 2021



# **About the Nursing Awards and the Generosity of Our Donors** VGH School of Nursing Alumnae Building Society/Association Bursary

The Vancouver General Hospital School of Nursing Alumnae Association created the Vancouver General Hospital Nursing Alumnae Building Society in 1963 to develop an apartment building "The Manor" in Vancouver. The Manor was intended to provide economical housing for retired nurses. However, over the years it provided housing for low income seniors most of whom have not been nurses. The Society and the Association decided that it was in their best interest to sell the Manor and use the sale proceeds to support nursing education and research.

In 2001, the Society entered into an agreement with the City of Vancouver and Coast Foundation to sell the Manor. In 2002, the Society made a generous donation to the VGH & UBC Hospital Foundation for the purpose of creating an educational and research endowment fund to support nurses including Nursing Alumnae of VGH, UBC Hospital and G.F. Strong Rehabilitation Centre. Interest income generated from the endowment provides bursaries and scholarships in perpetuity.

Health care challenges are constantly changing and evolving, and this past year has demonstrated that. Your commitment and dedication to our hospitals and health care centres has been a key factor in ensuring that our nurses are prepared with the up-to-date knowledge and skills to fully face a wide array of health care challenges. Through the distribution of bursaries and grants, the VGH School of Nursing Alumnae Building Society / Association has promoted the lifelong learning of nurses at VGH, UBCH, GF Strong Rehabilitation Centre and Vancouver Community Health Services.

# **Bursary Recipients**

Catherine Acosta Saghar	RN	Nursing Course	Rachelle Fernstrom Andrea Greene	RN RN	Nursing Course Master of Nursing
Ahmadi-Addasabadi Andrea Andrada	RN LPN	Master of Nursing Nursing Course	Gloria Ivankovic	RN	Master's Degree -Other
Patrick James Angala Meghan Asher	RN RN	Nursing Course Master of Nursing	Carol Jin Anna Lee	RPN RN	Nursing Course Master of Nursing
Caitlin Belanger	RN	Master of Nursing	Soojin Lee	LPN	Nursing Course
Maria Brinza	RN	Master's Degree -Other	Julie Lockinton Amy Middleton	RN RN	Nursing Course Master of Nursing
Rebecca De Groot	RN	Nursing Course	Lorand Munteau	RN	BSN
Sharon Dhillon Ramanjit Dhudwal	RN RN	Master of Nursing Master's Degree	Sharon Quon	RN	Master's Degree -Other
Marie Dimalanta	RN	-Other Administrative Law – Justice	Kristine Spiess Lindsey Strachan	RN RN	Master of Nursing Nursing Course
Gabriel Feraru	RN	Institute BSN	Lauren Wolfe	RN	Master's Degree -Other

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#### **Obits - 2020**

#### Nancy Elizabeth (Bain) Gregson '61



As a graduate of VGH in 1961, Nancy began a diverse career which spanned 5 decades. She was a nurse by profession but also by essence of personality a caregiver, organizer and networker.

She took extensive nursing courses, working in Critical Care, Hospital Administration and Extended Care as well as operating her own home care business. In retirement she was

active with the CRNBC registration committee. Nancy led a full life, travelling extensively and pursuing her hobbies of reading, crafts, art, photography and gardening.

Special thanks and appreciation are offered to her dear friends and nursing colleagues through the years.

#### Geraldine (Cunningham) Marshall '52

#### BSN, MSM PhD, UEL

Geri's career included research and worldwide travel. She is the recipient of Canada's Meritorious Service Medal. The citation notes, "Her efforts and determination have contributed greatly to the increased awareness of mental illness in Canada and abroad."

She worked in Russia, Africa, India, Japan, China, and Bermuda. Her educational



material is translated into 14 languages. She was a board member of the International Society of Nursing, the World Association of Psycho-Social Rehabilitation, The Canadian Schizophrenia Board, and B.C.'s Board of Schizophrenia.

Her academic studies included: Ryerson University, University of Toronto, and University of British Columbia.

#### Margaret E. (Lewis) Hardy '59

Marg Harding died at the age of 102 having lived a life of service to nursing studies. She obtained BSN from UBC in 1960 working as a Public Health Nurse in Vancouver. After marrying and moving to Washington she enrolled and received her MA in nursing and later Phd, Sociology.

Marg was recruited to the faculty of Boston University

School of Nursing (BUSON) to develop CORE nursing courses for the Master program and for a new Phd program. In 1973 Marg. published a book "*Theoretical Foundations of Nursing*", and in 1978 "*Role Theory, Perspectives for Health*".

She was elected Fellow to the American Academy of Nursing and subsequently was elected to the AAN Governing Council (1979-84). She was recruited by University of Rhode Island to a doctoral program and taught both doctoral and masters students. She retired from URI in 1993.

#### Margaret Rae (Millard) Archer '55

"Mom graduated from VGH in Feb. '55. She had a long and varied nursing career which included maternity at VGH, Grace & Richmond Hospitals; UBC Student Services, Richmond Public Health & Long Term Care and finished her career as Supervisor at the BC STD clinic.

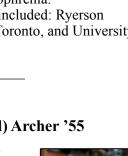
After retiring in 1998, she continued to share her extensive

nursing experience by volunteering at Flu and Baby clinics. She loved being able to serve and help others through her career.

I followed in Mom's footsteps and have spent the vast majority of my nursing career in Public Health. Also Mom's granddaughter (my niece) is a nurse, currently working at BC Children's".

Thank you Brenda Smith







#### SPRING 2021

#### Anne Elizabeth Williams '54

The Alumnae lost a loyal and dedicated member with the passing of Anne Williams in Nov. 2020 at the age of 90.

Anne was born and grew up in Calgary, the only child of Dr Thomas and Winifred Williams. The family moved to Victoria in 1946, where Anne finished her high school education. She attended UBC



for 1 year, then entered the VGH programme, graduating with the class of Sept.'54, finishing in May with the UBC section of the class. She and classmate Ann (Lennox) Mitton answered an ad and were soon on their way to Nakusp for a 4 month summer job.

The 18 bed hospital provided room and board, a crash course in taking and developing X-rays, and great general nursing experience. The town had one doctor, a GP with surgical skills. Elective surgeries included hernia repair, dental work, tonsillectomy, circumcision, with ether being the anaesthetic of choice. On one occasion when the doctor was late arriving, Anne delivered a baby.

On returning to Vancouver, Anne entered the final year of the UBC programme, graduating with a BA and BSN in 1955. She received her Masters from Columbia in 1963.

Anne's successful career in the field of Public Health started in the east, working for the City of Toronto. On her return to Vancouver, she was hired by the North Shore Union Board of Health as a district nurse. She enjoyed teaching prenatal classes and was invited to Winnipeg to give a seminar on prenatal classes. She was promoted to Assistant Supervisor, and then Director of Nursing - responsible for the preventive health nursing programme for the area from Deep Cove to Lions Bay, including Bowen Island and the Burrard and Squamish reserves. She hired staff nurses and organized coverage of districts and schools. She worked with several Medical Health Officers, other members of the health care team, and acted as liaison with community groups. Anne saw and coped with many challenging changes during her tenure. She retired in 1989.

Soon after retirement, Anne became involved with the Alumnae and in 1994, chaired the Membership committee. Working with Jean Tsuyuki, Anne continued the daunting task of computerizing the membership list. Over the next twenty years, Anne spent many hours each week, updating the membership list, collecting class lists, providing information for class reunions, and encouraging alumnae to become paid-up members of the Association. Anne also took over the job of looking after the "Pin Bank".

Anne was the rep. for the class of Sept '54. She kept a file with current address information for every classmate. She was part of the planning committee for our 5 year reunions, held as recently as 2019, our 65th anniversary! She received a Life Membership for her work with the Alumnae.

Anne was a true and loyal friend to many. She will be deeply missed.

#### Dodie (Ruth) (Creamer) Anderson '50

Dodie was born in Dawson City, Yukon. She graduated from high school at Dawson, age 15. She entered VGH nursing school in 1947 winning a Gold medal for "Excellence in Nursing and Academics" upon graduation.

She married Peter 1950, had children and worked part time at RCH until 1967 when she returned to UBC receiving



her degree and becoming a nursing instructor at RCH, and Director of Nursing at RCH from 1974-1976.

Peter and Dodie moved to Kamloops and she took the position of Director of Nursing at Cariboo College, and later the title of Administrator. She helped with the planning of the Chase and District Health Center. In the meantime she was the BC representative on the Canadian Testing Service for nurses 1977-1980. This was the beginning of Canadian Nursing Exams, (they were previously purchased from the USA).

She volunteered her services wherever needed. Dodie and Peter received "Citizens of the Year" award in 1988 for all their hard and dedicated work to the community. She loved travelling. Dodie moved to Salmon Arm 2008 after Peter died. Latterly she resided at Lakeside Manor and had made many friends there. Dodie had a very full life and was loved and respected by all who knew her.

#### Helen Louise Shore '46

Helen Shore had a long and distinguished career in the nursing profession and was Professor Emerita for the University of BC School of Nursing. A BSN graduate of the Vancouver General Hospital School of Nursing and UBC School of Nursing, she also obtained a graduate degree from UBC. She worked in Community Health Nursing with the Vancouver Health Department before turning to nursing education. She taught nursing for 9 years at the Royal Columbian Hospital School of Nursing in New Westminster before joining the faculty at the UBC School of Nursing, where she taught for 25 years.

Following retirement, Helen Shore participated actively in many professional and volunteer activities. Helen was a visionary leader widely recognized for her contributions to history of nursing. She was a founding member of the BC History of Nursing Society (1989). She also supported the launch of the Consortium for Nursing History Inquiry in the UBC School of Nursing (2013) and remained engaged as the Consortium's Patron.



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Helen's many achievements were recognized and include a Merit Award for Excellence in Teaching (1975), given by the BC Nurses' Professional College. Her post-retirement contributions to nursing and education include a prestigious UBC School of Nursing Partnership Award (2013), a UBC Faculty of Applied Science Centennial Dean's Medal (2015), and the UBC School of Nursing Centenary Medal of Distinction (2019).

Helen's pride and personal achievement is her book *Shore to Shore*, which she completed in her 95th year (2019, available on Amazon). In it, she documented her archival family tree by researching and writing individual stories of early Shore family members from the 15th century (in Sheffield, England) and the Shore families who immigrated to Canada in 1830. The most famous family member is Florence Nightingale, born to William Shore in 1820.

# Business as usual! In spite of Covid



Thanks to our Board, who have been "Zooming away". They have been carrying on, and meeting regularly to keep VGHSON AA running smoothy in spite of the Covid epidemic.



The Archive Committee meeting via Zoom.

# **Heather Heritage Society**

The society was formed in 1994 to raise awareness and lobby for the protection of the historic Heather Pavilion, which opened on January 8, 1906, as the first building on the Vancouver General Hospital Fairview campus.

The Vancouver General Hospital opened the Heather Pavilion to serve the health care needs of a growing city. At the time it was built, the Heather Pavilion was one of Vancouver's most prominent landmarks.

This hidden jewel in the hospital landscape is still there! It is over 90% intact, buried under a series of additions that are currently being removed, revealing the original form and intact early structure. The building is now municipally designated and is an important and significant heritage asset.

As our city grows, we are increasingly aware of the importance of Vancouver's remaining historic buildings. Fully restored, the Heather Pavilion will create muchneeded space for associated hospital and neighbourhood uses such as conference and meeting space, classrooms, community learning, and other opportunities.

The conservation of the Heather Pavilion is enshrined in the current hospital zoning, and this remarkable structure was designated as a heritage site by the City of Vancouver in 2002. This is a good start, but a detailed restoration plan and additional funding is required to bring the Heather Pavilion back to life.

The Heather Pavilion has served the community since 1906, and **with your help and support**, we will continue to work toward the restoration of this prominent civic landmark.

#### SPRING 2021



In Memoriam 2020 But not forgotten



Class	Name at Graduation	First Name
1946	Constatine	Rita
1946	Hughes-Games	Eileen
1946	Shore	Helen
1946	Turnbull	Miriam
1947	Wilson	Ruth
1948	Glass	Ruthanne
1948	Schmidt	Sue Anne
1949	Butler	Eugenie
1950	Creamer	Dodie (Ruth)
1950	Twilley	Delda
1952	Chesson	Shirley
1952	Cunningham	Geraldine
1952	Dorman	Shirley
1953	Kimball	Florence
1953	McLean	Yvonne
1953	Wright	Jacqueline
1954	Symonds	Barbara
1954	Williams	Anne
1955	Hanson	Irene
1955	Millard	Rae
1955	Miller	Dawn
1956	Bradley	Patricia
1956	Cooper	Maureen
1956	Cumpston	Sally
1956	Donaldson	Jean
1956	MacLaurin	Joan
1956	Munro	Sheila-Anne
1956	Norman	Mary
1956	Smith	Eileen

Current Baldwin Shockley Shore MacDonald Langdale Hanbidge\* Nixon Pike Dodie (Ruth) Anderson McLennan Mahr Marshall Coates Tickner Mitchell Wright\* Desaulniers Williams Campbell Archer Nelson McLennan Olson Brand Robinson MacLaurin Thobo-Carlsen Hochglaube Carson

Class	Name at Graduation	First Name	Current
1957	Clay	Norma	Yardle
1957	Francis	Janette (Jan)	Smith
1957	Kolle	Joan	MacLe
1957	Macalister	Margaret	Arend
1957	Mounce	Jean	Kaplaı
1957	Pratt	Beverly Anne	Stirrat
1957	Steel	Margaret	Vervoo
1958	Burrows	Kathie	Savory
1958	Hess	Annie	Hess
1959	Barager	Elizabeth	Darrag
1959	Lewis	Margaret	Hardy
1959	Stark	Annette	Stark
1959	Stewart	Anne Eliz.	McCa
1960	Noble	Joan	Arnet
1960	Hoggard	Beverly	O'Dov
1960	Jorgensen	Helga	Hooey
1961	Bain	Nancy	Gregs
1961	Dunsterville	Valerie	Evans
1963	Hanna	Beverly	Hanna
1965	Crooks	Katherine	Dilulo
1965	Dow-Hemminger	Janet	MacN
1968	Sybulka	Jan	Dunlo
1969	Wilson	Jane	James
1971	Wallace	Barbara	Defage
1971	Wilson	Barbara	Pike
1975	Sowles	Donna	Morris
1980	Kearney	Kathleen	Martin
1981	Chambers	Grace	Chaml
* Died in	2019 but not mention	ned in 2019 News	sletter

ardley mith **MacLean** rendt Caplan tirrat *l*ervoom avory less Darragh Hardy\* tark **McCauley** Arnett D'Dowd Hooey Gregson Evans Hanna Dilulo MacNeil Dunlop ameson Defago ike Morrison Martin Chambers

#### V.G.H. School Of Nursing Alumnae Association Board Of Directors 2021-22

President Kathleen Murphy (McCutcheon '65) Vice President Mary Raikes-Tindle (Raikes '65) Rec. Secretary Lynne Dunbar (Meir-Gildea '65) Exec.Secretary/ Sue Goguen (Gammon '75) Treasurer Director at Large Suzanne Stothers ('70) Archives/Artifacts **Barb Kissuras** Education Joan Kerr (Dunbar '65) Lorna Hoare (Snider Feb.'66) Friendship Diane Parker (Sjerve Feb' 68) Membership Susan Kerr (Cathcart '69) Communications Luncheon Myrna Braun (Wagstaff '62) Suzanne Stothers ('70)

#### SPRING 2021

#### 28

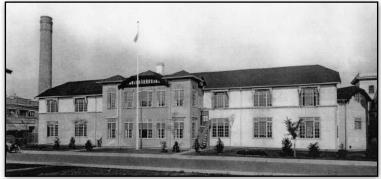
# **BC History of Nursing**

In operation for 30 years, this society:

- gathers, stores, and displays archives and artifacts
- provides bursaries for nursing students
- provides interesting articles in regular newsletters and website

To become a member click on <u>www.bcnursinghistory.ca</u>

#### Photos of other difficult times at VGH -



Military Annex on north side of 12th Ave. The old power plant stack is visible on the west side. This was a convalescent hospital for returning injured military personnel 1917. The Military Annex was demolished in 1930

If you have not done so yet please fill in the forms below and send with the appropriate funds to the VGH SON Alumnae office. Or, you may renew on-line: <u>vghnursingschoolalumnae.com</u>

	855 W 12th	i Ave, vancouv	er, B.C. V5Z 1M9	
Your fee provides suppo members, office expense	ort to the Website		, the Friendship Committe	ee's support to
Please Print				
Name:		Surname at 0	Graduation:	
Graduation: Month		Year		
Address:				Postal/Zip Code
Phone: Home	Cell		Email:	
IMPORTANT - Please				rint Legibly
Do you want your conta	ct information gi	ven to your Cla	Alumnae office: Email _ ss Rep to update Class list	? Yes No
Do you want your conta	ct information gi GH School of Nu	ven to your Cla	-	? Yes No
Do you want your conta	GH School of Nu support to:	ven to your Clas	ss Rep to update Class list	? Yes <u>No</u> preciated.
Do you want your conta DONATIONS to the Vo Your donations provide • Education Bursa	ct information gi GH School of Nu support to: ries to VGH Gra	ven to your Clas ursing Alumnae duates, children	ss Rep to update Class list	? Yes <u>No</u> preciated.
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VGH Hospital Military Annex, 1917, Rintoul Memorial Lounge



Date: c. 1918-1973 <u>1917 Flu Epidemic</u>. Flu Barn/Heather Annex; Originally built at S.W. corner of 12<sup>th</sup> and Heather, then moved to 13<sup>th</sup> and Willow. "Emergency Flu Barn" was built in 3 weeks in May 1918 as temporary facility. It was relocated, repurposed, eventually used as male long term care unit at 13<sup>th</sup> & Willow and demolished in 1973.

#### Editor:

K. Mary (MacKinnon' 54) Watt

Thank you to all contributors. I appreciate your input.

Special thanks to Kathy Murphy who acted, for this issue, as Communications liaison.

#### 12/20